

Crafting

Connections

A heritage for
wellbeing toolkit

Appendix B

Appendix B: Online resources

Archives+ Partners .

Archives+ partners

Collections/information pages

Greater Manchester County Record Office & Manchester Libraries, Information and Archives

[Archives and local history | Manchester City Council](#)

gmlives.org.uk

[Manchester Archive search page](#)

[Home | Manchester Libraries](#)

North West Film Archive

[North West Film Archive | Manchester Metropolitan University \(mmu.ac.uk\)](#)

Ahmed Iqbal Ullah RACE (Race Archives and Community Engagement) Centre

[Ahmed Iqbal Ullah RACE \(Race Archives and Community Engagement\) Centre \(The University of Manchester Library\)](#)

Manchester & Lancashire Family History Society

[Manchester and Lancashire Family History Society - Home \(mlfhs.uk\)](#)

North West Sound Heritage

[About – North West Sound Heritage](#)

Manchester Histories

[Manchester Histories – Connecting people through histories and heritage](#)

Evaluation

The Manchester Histories evaluation toolkit was developed for public engagement and events and could make a strong basis for evaluation; however, you may wish to adapt or include a health and wellbeing specific approach. Here are a few suggestions of where to find relevant evaluation tools.

The Culture Health and Wellbeing Alliance provide guidance on how to evaluate your work includes links to a variety of frameworks:

[I want to evaluate my work...](#)

The Warwick-Edinburgh Mental Wellbeing Scale is widely used in medical settings:

[The Warwick-Edinburgh Mental Wellbeing Scale \(WEMWBS\)](#)

UCL Museum Wellbeing Measures Toolkit has an innovative umbrella tool:

[ucl_museum_wellbeing_measures_toolkit_sept2013.pdf](#)

UCL's Arts and Health Evaluation: Navigating the Landscape report includes examples of evaluation and how to use them:

[Arts-and-Health-Evaluation-report-UCLSBB-3.pdf \(sbbresearch.org\)](#)

The Happiness Survey is a likert scale developed for the long-term impact studies of community participatory projects on wellbeing:

[happinesssurvey2018.pdf \(wordpress.com\)*](#)

*If you are using this please can you register before use with Dr F Sayer, and if reproduced include the copyright statement and correct citation: Sayer, F. 2015: Can Digging Make You Happy? Archaeological Excavation and Wellbeing. Arts and Health: International Journal for Research Policy and Practice.

GDPR

Information on the website below breaks down the key points of the Data Protection Act. Essentially, only collect data from participants with their permission and only collect what information you need to evaluate the project. Consider how to securely store this information, and how long for.

Please see the UK Data Service, 'The Data Protection Act, the General Data Protection Regulation, and the UK GDPR' for guidance in full:

[The UK/EU GDPR Q&As](#)

[The Data Protection Act and GDPR – UK Data Service](#)

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